

What age can my child start?

Our Early Years programme starts whenever the baby and parent are ready. Please take into consideration our swimming pools are not baby pools so the temperature does sit towards the normal side of a recreational pool parameters as opposed to a baby pool. Please always consult your health visitor if you are unsure.

How long should it take my child to learn to swim?

There is no definite timeline, different children take different amounts of time and find some skills easier to learn than others. If you take your child swimming out-with lessons there is a high probability that they will progress more quickly.

There won't always be leaps of progress every lesson or every week. It is normal for learning to plateau for periods, even regress at times and surge ahead at others.

What is likely to happen in lessons?

All children should be having fun. They should be involved in games-based activities to help them learn core swimming skills such as breathing, submerging and moving in the water. The swimming strokes should be introduced gradually once the child has acquired the basic core aquatic skills. Most lessons last around 30 minutes and children should be as active as possible throughout the lesson.

Why is my child playing games in a swimming lesson?

'Learning through play' is fundamental to the Scottish Swimming Framework so expect plenty of fun activities and games in the pool to keep swimming interesting for your child whilst teaching them a variety of skills. The activities are planned by the teacher and will ensure the children are challenged in different ways and are linked to the core aquatic skills which are essential for learning more complex skills.

My child has a disability. Can they take part?

Of course. Lessons can be adapted as necessary to help all children achieve their potential. If your child has specific needs, please discuss them with your local swim school.

What can I do to help my child?

The earlier that a child becomes familiar with the aquatic environment and being in and around water the better. Even if you are not a strong swimmer just taking your child to the pool and playing and having fun in the water will help them develop their confidence and enjoy the positive experiences that the water can bring them.

In the home, encourage your child to have a bath and play in the water. Encourage them to get their hair wet and introduce them to putting their face in the water. Scottish Swimming have an Early Years bag with toys and activity cards to provide you with ideas for the bath and pool.

You can also follow the advice at <https://learntoswim.scot/>

Can my child wear jewellery to swimming lessons?

All children should have jewellery removed for swimming lessons but in the event they have recently had ears pierced we require these to be taped for the entire lesson or use of a swim cap.

What should my child wear?

Children should wear appropriate swimwear. Baggy shorts below the knee and t-shirts hinder a child's swimming and can become dangerous in the water.

Why does my child swim in such a small area?

Within our Learn 2 Swim programme we are aiming to achieve good technique across shorter distances decreasing the chances of picking up bad habits across a further distance. Teachers within this smaller area are able to see all children and keep full control of the class, while giving essential on-going corrections. Children also benefit from repetition, improved instruction, and ability to hear and see clear demonstrations and progress distance gradually.

My class has been cancelled will I get a refund?

As part of our Learn to Swim membership you are provided with a minimum of 45 lessons per year although we run 50 weeks of the year (ultimately giving 5 free lessons).

If this has been a scheduled closure of facility and notice has been given and you have not exceeded the 5 lessons, then no. In the event of a closure where we you do exceed the 5 lessons then the appropriate refund will be issued.

I want to discuss my child's progress in more detail with his/her teacher?

Instructors will be aiming to contact parents/carers quarterly to give an update on progress, however in between times if you complete a feedback form via reception the instructor will aim to contact out-with your lesson time as soon as they possible can.

I want to cancel my direct debit?

If you want to cancel please email ealswimlessons@eastayrshireleisure.com after you have completed your minimum membership term of 1 month. At least thirty days' notice is required for all cancellations and any direct debit payments scheduled within the thirty days will still be collected.

When will my Direct Debit payment be collected?

Direct Debit payments will be collected from your nominated account on or shortly after the 1st or 15th of each month depending on your joining date. Failed or rejected payments will be represented to your account, we will notify you 10 working days in advance of representing a direct debit to your account. A further failed payment will result in your membership being suspended. Unpaid membership fees may be referred to a collection agency if the cancellation procedure has not been followed, this may result in additional charges being applied.

Will Rookie Lifeguard and Private Lesson move to Direct Debit?

At the moment they will not move to direct debit and will continue to be paid in block or PAYG for private lessons.

Will you still run Crash Course Swimming Lessons during School Holidays?

We will continue to run these lesson during holiday period to try and accommodate individuals on our waiting lists or allow our existing learn to swim members to have some more intense tutoring.

Will the Learn to Swim Programmes stop for School Holidays?

Our learn to swim programmes will no longer stop for Easter, Summer or the October holidays as we previous did for our block lessons. This will provide more consistency for your child's development as there will be no breaks and is now common practice across most successful leisure trusts learn to swim programmes. Remember we will deliver up to 50 lessons per year with your Direct Debit paying for 45 lessons. There is a two week break over Christmas and New Year

Can you explain the free leisure swimming that is part of the Learn to Swim membership?

As part of the Learn to Swim membership, your child will have unlimited access to leisure swims at all 3 of our swimming pools. If you have a child in our Early Years programme (Adult & Baby, Adult & Toddler, Adult & Child) you can nominate one adult to receive a free leisure swim membership. Please let the centre know at the time of signing up to membership.