**Indoor Group Fitness Classes**

**(Level 0 – 19th July)**

**Doon Valley Leisure Centre   
Hunter Fitness Suite   
Loudoun Leisure Centre   
Rose Reilly Sports Centre   
William McIlvanney Leisure Centre**

**As per government guidance, we ask that you wear a face covering when you are indoors and not taking part in exercise.**

**Bookings**Indoor Fitness Classes can be booked 7 days in advance.  
All Classes must be pre-booked and paid for in advance.

**PHONE BOOKINGS  
Contact the venue during opening hours.**

**BOOK ONLINE**   
**If you answer YES to either question below you already have an account set up;   
  
Question?** - Do you already use our Sports Facilities OR have you booked tickets online for a Palace Theatre Show \ East Ayrshire Leisure Event?   
  
**Action** - Please enter you email address and password on the portal if you know it or click on RESET PASSWORD   
  
**If you answer NO TO BOTH questions please complete the mandatory fields to register an account.**

**ONLINE BOOKING PORTAL LINK** [**https://ealtleisure.nslcrm.co.uk**](https://ealtleisure.nslcrm.co.uk)​

If you have any problems accessing the portal please email your issue to [Bookings@eastayrshireleisure.com](mailto:Bookings@eastayrshireleisure.com) and a member of staff will respond to your query as soon as they are available.

**COST**Pay As You Go Pricing45 Minute Fitness Class - £4.80   
30 Minute Fitness Class - £3.20

**Included as part of your Active Plus, Active Lifestyle, Active Staff or Active Youth Membership**.

**Cancellation Policy**Member cancellations can be completed on the online booking portal.   
All PAYG cancellations must be completed by contacting the venue.  
If the class/booking is cancelled by East Ayrshire Leisure you will be contacted and offered a refund or the option to move to an alternative date.  
If you wish to cancel your booking, it is nontransferable and nonrefundable.

**Indoor Fitness Class Guidance**

* Fitness Classes must be pre-booked online or via the telephone. Anyone turning up without a prior booking will be turned away without exception.
* There will be appropriate change over times in between classes to allow for the cleaning of equipment and reduce the risk of grouping.
* Where appropriate markings may be placed on the floor to identify your workout area.
* Music will be played at a lower level than normal.
* Please assist our instructors and wipe down your equipment after use.

**COVID-19 Symptoms**

* We ask that if you develop any symptoms associated with COVID-19 prior to your session/class that you cancel.
* Should you develop any symptoms following your session/class you should follow the Scottish Government Test & Protect guidelines. <https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19/test-and-protect/coronavirus-covid-19-contact-tracing>.
* In line with Scottish Government recommendations if you have never booked with us before we will ask you for some basic personal details to set up a profile with us at the time of booking.
* Please note, should you be unable to attend a session/class due to self-isolating we can offer to move your booking to an alternative date.