

Swimming Lessons (9th August)

With the announcement that from Monday 9th August social distancing restrictions will be relaxed, we are now in a position to welcome back all our Learn to Swim levels.

Facility staff are looking at our current learn to swim programme and will be making changes to allow us to bring back the levels that have not been able to start back up to this point. This may result in a change for some of the children currently in lessons so we would really appreciate parents understanding if this does apply to you.

For the levels that haven't returned we will be looking to reintroduce them from Monday 16th August. We will try our very best to reinstate all classes, however we are still faced with a real challenge in regarding to staffing, so please bear with us as we address these challenges over the coming months.

Facility staff will be contacting parents over the course of next week to discuss arrangements.

Anyone just returning to the Learn to Swim programme staff onsite will reactivate their Membership Direct Debits from **Monday 16th August**, with the first payments being collected on **1st/15th September**.

The period from 16th August until your collection in September will not be charge for to compensate for the period paid for back in March when guidelines were published by the Government to close all our venues.

Guidance for Parents

- Face coverings must be worn when in the building
- Swimmers should arrive no more than 10 minutes before their lesson is due to start.
- We would still at this time prefer to limit as many people in the building as possible therefore if your child is able to undress and dress themselves we ask that you do not enter the building.
- All swimmers should arrive 'Beach Ready'. Swimming attire on underneath your clothing and ready to swim where possible.
- We ask that any parent entering the building to assist their child to undress does so then where possible returns to their car. This is to avoid any congregation of people in corridors.
- Can all parents ensure the venue has an up to date contact number on record of the person waiting within the car park in case of an emergency.
- Please avoid bringing too many personal belongings with you.
- Showers will be available for use.
- Swimmers should wait in the changing areas until their instructor calls them. They **MUST NOT** make their way onto poolside.
- Please follow the one way systems within the center and maintain social distancing where you can.
- All teachers will be teaching from the side of the swimming pool where possible

- A face mask must be worn when moving through the centre for anyone 5 years and over unless they have a health condition that exempts them from wearing one.
- No spectators will be allowed.

Parents – How can you help?

- Speak to your child about what will be different and what to expect.
- Remind them that their teacher is there to help and support them and it's new for everyone.
- Let them know teachers will be recapping on core skills to develop confidence and to keep it fun.
- Practice these tasks with your child;
 - Putting goggles on and adjusting unaided for a neat fit.
 - Getting in and out of a swimming costume or trunks when wet.
 - Going to the toilet without help.
 - Drying and dressing themselves.
 - Packing their own bag and keep it simple; costume, towel, goggles.
- Please ensure all hair is tied up prior to entering the building
- Use hand sanitiser and wash stations wherever they are available.
- Be fast! Spend as little time as possible in the changing rooms.
- Keep a safe physical distance at all times.
- Please make sure we have an up to date contact number should we need it to contact you during the lesson.
- Ensure your child knows what will happen.
- If your child has additional support requirements or you have any concerns, please contact the facility to discuss.
- Help us to be safe by ensuring your child changes and leaves the building via the one-way system in a timely manner after the lesson.

We appreciate both swimmers and parents may be keen to catch up with fellow swimmers and parents, please be courteous to others and do so in a safe space outside the building.