

Covid Requirements

As per government guidance, we ask that you wear a face covering when you are indoors and not taking part in exercise.

Bookings

Indoor Fitness Classes can be booked 7 days in advance.
All Classes must be pre-booked and paid for in advance.

PHONE BOOKINGS

Contact the venue during opening hours.

BOOK ONLINE

ONLINE BOOKING PORTAL <https://ealtleisure.nslcrm.co.uk>
access your account or set one up.

If you have any problems accessing the portal please email your issue to Bookings@eastayrshireleisure.com and a member of staff will respond to your query as soon as they are available.

Pay As You Go Pricing

*45 Minute Fitness Class - £4.80

*30 Minute Fitness Class - £3.20

***Included as part of your Active Plus, Active Lifestyle, Active Staff or Active Youth Membership.**

Cancellation Policy

Member cancellations can be completed on the online booking portal.

All PAYG cancellations must be completed by contacting the venue.

If the class/booking is cancelled by East Ayrshire Leisure you will be contacted and offered a refund or the option to move to an alternative date.

If you wish to cancel your booking, it is nontransferable and nonrefundable.

Indoor Fitness Class Guidance

- Fitness Classes must be pre-booked online or via the telephone. Anyone turning up without a prior booking will be turned away without exception.
- There will be appropriate change over times in between classes to allow for the cleaning of equipment and reduce the risk of grouping.
- Where appropriate markings may be placed on the floor to identify your workout area.
 - Music will be played at a lower level than normal.
- Please assist our instructors and wipe down your equipment after use.

Gym Guidance

- High risk touch points will be cleaned in-between every Gym Session.
- Shower areas now accessible.

- Gym slots MUST be pre-booked online or via the telephone. Anyone turning up without a prior booking will be turned away without exception.
- Gym equipment will be spaced out in the gym accordingly to allow for social distancing.
- Please ensure you clean the equipment before and after use, using the cleaning solution provided.
- Specified clean times will be allocated throughout the day to allow staff to deep clean these areas.
- No personal belongings such as sports bags, handbags will be permitted in the gym.
- Personal towel are now permitted or use appropriate solution and disposable paper towels provided.
- Please ensure you bring your own water bottle. There are no cups provided for water the cooler.
- Please ensure physical distancing is adhered to within the free weights area.
- Should you feel physical distancing is not being followed please inform a member of staff.

Sports Hall/Gymnasium Hall Bookings

- Our Sports Halls are bookable for
 - Contact and Non-contact activities for all ages
 - Subject to guidance from the Scottish Government and relevant National Governing Body.

- Maximum capacity numbers (including coaches) per session are

1 yrs and under

- *20 participants per division (including coaches) e.g. in a 3 badminton court hall a maximum capacity for 1/3 of the hall would be 20 and the full hall would be 60*

12yrs+

- *18 participants per division (including coaches) e.g. in a 3 badminton court hall a maximum capacity for 1/3 of the hall would be 9 and the full hall would be 27*

Please note that your NGB guidance must be adhered to so if the number stipulated within their guidance is less than the capacity numbers above you must stick with the NGB advice. You must also ensure you have relevant risk assessment in place and provide us with your COVID officers contact details. <https://sportscotland.org.uk/covid-19/getting-coaches-ready-for-sport/>

We have calculated these capacity numbers based on the following guidance issued by sportscotland <https://sportscotland.org.uk/media/6487/return-to-sport-and-physical-activity-guidance-050421-final.pdf> and <https://sportscotland.org.uk/covid-19/getting-your-facilities-fit-for-sport/>.

- Bookings can only be taken up to 7 days in advance, with the current user having first refusal of the slot.
- Sessions will revert back to 1 hr slots.
- All clubs MUST ensure they have completed relevant risk assessments and adhere to all guidance issued by the Scottish Government and National Governing Bodies.

<https://sportscotland.org.uk/covid-19/>

- Clubs are required at the time of booking to provide us with the name and contact details for their COVID officer.
- Indoor Sports Halls and Gymnasium Halls bookings will receive a Loyalty discount of 15% should a block booking of 32 sessions or more be taken between your return date and 31st March 2022. You would normally require your sports Council membership renewal to receive the 15%, however this will be relaxed for 1 year only.

Racquet Sports

- Pay & Play/casual bookings in sport venues permitted with no restrictions for under 18
- Pay & Play/casual bookings in sport venues for Adults (18+) will be restricted to doubles play.
- You must bring your own equipment as our hire service will not be available at this time.

COVID-19 Symptoms

- We ask that if you develop any symptoms associated with COVID-19 prior to your session/class that you cancel.
- Should you develop any symptoms following your session/class you should follow the Scottish Government Test & Protect guidelines.
<https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19/test-and-protect/coronavirus-covid-19-contact-tracing>.
- In line with Scottish Government recommendations if you have never booked with us before we will ask you for some basic personal details to set up a profile with us at the time of booking.
- Please note, should you be unable to attend a session/class due to self-isolating we can offer to move your booking to an alternative date.