

Community Health Activity Team – Community Health Checks March 2026

Northern Locality (Irvine Valley)

Date	Time	Location	Staff
04/03/2026	10:30-11:30am	Galston library	John Strachan
04/03/2026	12:00 – 1:00pm	Ayrshire Food Hub	John Strachan
18/03/2026	3:00pm – 4:00pm	Ross Court, Galston	John Strachan

Northern Locality (Annick Valley)

Date	Time	Location	Staff
18/03/2026	11:00am – 12:00pm	Dunlop village hall	Johnny Allen
24/03/2026	10:30am - 11.30am	Rose Reilly, Stewarton	Johnny Allen

Central Locality (Kilmarnock)

Date	Time	Location	Staff
04/03/2026	10:00am - 12:00pm	EACHa Recovery Hub	Connell
04/03/2026	1:30pm – 2:30pm	Shortlees Food Larder	Julie
12/03/2026	1:00pm -2:00pm	Dick Institute	Sophie
13/03/2026	10:30am - 11:30am	Garven Court	Julie
18/03/2026	10:00am - 11:00am	Take A Bow , Kilmarnock	Claire
18/03/2026	1:30pm - 2:30pm	Shortlees Food Larder	Julie
20/03/2026	10:00-11:00am	NWAC MR3	Julie

Southern Locality (Cumnock and Surrounding Areas)

Date	Time	Location	Staff
06/03/2026	10am – 12pm	East Ayrshire Community Hospital	Diarmid
10/03/2026	12:30pm – 2:00pm	Ochiltree Hub	Diarmid
19/03/2026	10:00am – 11:00am	Cumnock Town Hall	Diarmid

Southern Locality (Doon Valley)

Date	Time	Location	Staff
04/03/2026	9:00am – 3:00pm	Dalmellington Hub	Faye
18/03/2026	9:00am – 3:00pm	Dalmellington Hub	Faye