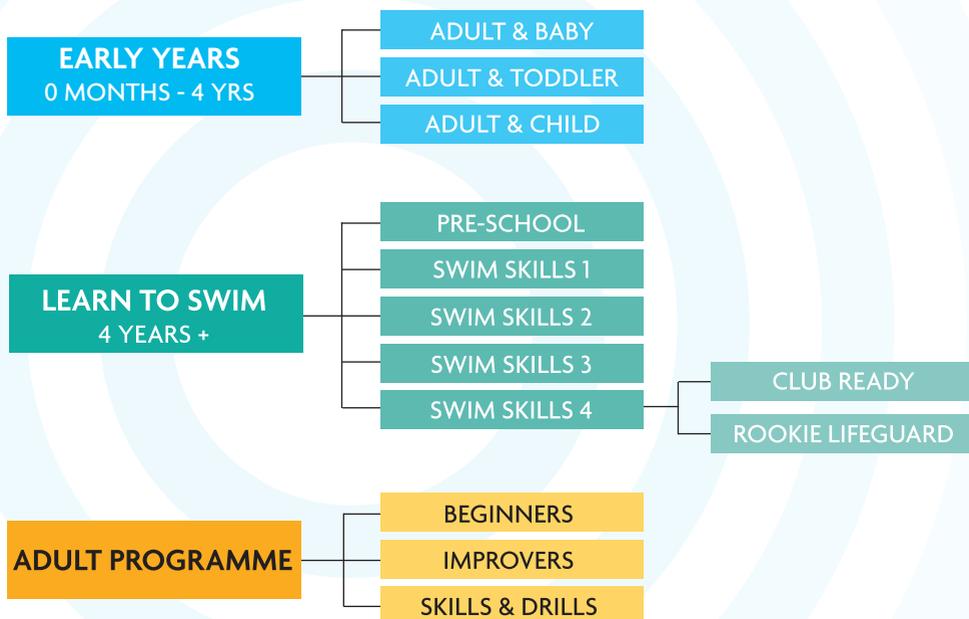


# Learn To Swim Programme

East Ayrshire Leisure's Learn To Swim programme offers classes for children and adults of all abilities. The programme is aligned with Scottish Swimming's National Framework which provides a clear set of National Standards and a pathway which allows parents to see how their child is progressing.



# Learn To Swim Framework



## EARLY YEARS (0 months - 4 years)

The Early Years programme is designed to allow adults to become more confident in the water with their baby/toddler. Encourages water confidence and basic core aquatic skills through play.

## LEARN TO SWIM PROGRAMME (4 years +)

A progressive programme where children are taught the swimming strokes and skills to become a competent swimmer.

## ADULT SWIM PATHWAY (16 years +)

The adult swim pathway offers the opportunity to learn to swim in a supported class environment. Our structured classes provide the flexibility to learn a range of aquatic skills.



## Membership

You can sign up to our Learn To Swim programme at any time\* by visiting one of our pools and completing a membership form.

**Membership costs £19 per month for children and £23.40 per month for adults.**

*\* subject to availability*

## Benefits

- Cost of lessons spread throughout the year
- Pay for 45 lessons and we will deliver up to 50 per year
- Lessons continue during school holidays
- Unlimited leisure swimming at all of our pools
- No queuing to pay
- No need to change days or times when progressing through Swim Skills Level 1 - 3. (subject to availability)
- No need to wait, move levels when criteria has been met (subject to availability)
- Receive a Triple S (Scotland Safer Swimmer) Award card
- Regular feedback on progress
- Achievement certificates included

Two forms of ID are required when signing up to our Direct Debit membership - one with a photo and one with your address. 30 days notice is required for cancellation.



## Crash Course Swimming Lessons

These run during Easter and summer holidays and are ideal for newcomers, children who are on our waiting lists or for current members looking for some extra practice. Register your interest early as spaces fill up fast. These courses are block booked and are not part of our Learn To Swim Membership.

## Private 1-1 & 1-2 Lessons

If your child is not ready to swim within a group environment or if they need some additional practice, then we offer private lessons. They are also a good alternative if our group lesson times do not suit. Not part of the Learn To Swim Membership. On a pay-as-you-go basis (payment in advance) or can be block paid as a package of 10.



## Important Information

Please help your child's swimming development by:

- Ensuring they have appropriate swimwear
- Making sure they wear a swim cap and goggles. Long hair should be tied back if your child is not wearing a cap
- Ensuring all jewellery is removed
- Remaining with your child until the lessons begins

Please avoid bringing your child to lessons if they have;

- An upset stomach
- A cold
- A sore throat or ear infection
- An infectious skin condition or open wound

You should not swim for approx 14 days after an upset stomach. Babies must wear elasticated swim nappies which can be purchased at our reception.



## Contact us

If you have any queries speak to a member of staff, give us a call or visit our website for up-to-date info and prices.

DOON VALLEY LEISURE CENTRE

T: 01292 550665 E: [DoonValleyLeisureCentre@eastayrshireleisure.com](mailto:DoonValleyLeisureCentre@eastayrshireleisure.com)

LOUDOUN LEISURE CENTRE

T: 01563 820078 E: [LoudounLeisureCentre@eastayrshireleisure.com](mailto:LoudounLeisureCentre@eastayrshireleisure.com)

[eastayrshireleisure.com/sport-fitness](http://eastayrshireleisure.com/sport-fitness)



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