

## Community Health Activity Team – Community Health Checks January 2026

### Northern Locality (Irvine Valley)

Date	Time	Location	Staff	Closed session
Wed 7 <sup>th</sup>	1030am	Galston library	JS	no
Wed 7 <sup>th</sup>	12pm	Ayrshire Food Hub	JS	no
Mon 19 <sup>th</sup>	230pm	Darvel Masonic Hall, men's group	JS	yes
Wed 28th	130pm	CVO Galston	JS	yes
Wed 28th	3pm	Ross Court, Galston	JS	no

### Northern Locality (Annick Valley)

Date	Time	Location	Staff	Closed session
20/01/2026	10.30-11.30	Rose reilly sports centre	Johnny	no
28/01/2026	10.30-11.30	Thorn cafe	Johnny	no

### Central Locality (Kilmarnock)

Date	Time	Location	Staff	Closed session
7th	10:00-12:00	EACHa Recovery Hub	Connell	Yes
14 <sup>th</sup>	12:00-14:00	EACHa Laigh Kirk Halls	Connell	Yes
15 <sup>th</sup>	11:30-12:30	Dean Castle Country Park-Visitors Centre	Connell	No
15th	13:30-14:30	The Dick Institute	Johnny	No
15th	15:00-16:00	Crosshouse Library	Claire	No
23 <sup>rd</sup>	12:00-13:00	First Edition-MS Society	Sophie	Yes
9th	10:30-11:30	Garven Court	Julie	No
22nd	1:30-3:00	TBC The Well	Julie	Yes
7th	1:30-2:30	Shortlees Food Larder	Julie	No
14th	1:30-2:30	Shortlees Food Larder	Julie	No
16th	10-11am	NWAC MR3	Julie	No
19th	1-2:30pm	Howard Centre	Julie	Yes
07/01/2026	1030-1130	Kay Park Church café	Claire	No

Southern Locality (Cumnock and Surrounding Areas)

<b>Date</b>	<b>Time</b>	<b>Location</b>	<b>Staff</b>	<b>Closed</b>
13 <sup>th</sup>	12.30 – 2pm	Ochiltree Hub	Diarmid	
16th	10am -12pm	East Ayrshire Community Hospital	Diarmid	
22nd	10 – 11am	Cumnock Town Hall	Diarmid	

Southern Locality (Doon Valley)

<b>Date</b>	<b>Time</b>	<b>Location</b>	<b>Staff</b>	<b>Session closed</b>
7 <sup>th</sup> January	9am-3pm	Dalmellington Hub	Faye	No
21 <sup>st</sup> January	9am-11am	Dalmellington Hub	Faye	No