

# Volunteer Role Summary

### Cairn Table Hill Race Event Volunteer

# Cairn Table, Muirkirk, East Ayrshire

The Cairn Table Hill Race is the annual 7.2km run up one of Ayrshire's finest hills and a popular event in the Bogs and Burns Hill Running Series.

### What's involved in being a Hill Race Volunteer?

- Assist with putting up tables and gazebos at the Race Start.
- Assist us in keeping runners safe and on the path throughout the race.
- Help us make the Cairn Table Hill Race a friendly event by cheering on runners.

# This role is for you, if you:

- Are available on Wednesday 16 July 2025 from 5.30pm-8.30pm
- Are cheery and enthusiastic.
- Are relatively fit we may ask you to steward partway up Cairn Table Hill.
- Can make your own travel arrangements to this event. Active travel is preferred as parking is very limited at the race start.

### **Further Information:**

- Volunteers will meet Event Staff at 5.30pm on the 16 July at the Walkers' Car Park, Kames, Muirkirk.
- You will receive a full safety briefing on how to steward the event.
- The Hill Race begins and finishes on rough ground, accessed by an unpaved track. There are no seats or toilets available anywhere at the event.
- Walking boots/sturdy shoes and midge repellent are a must for this event.

#### Find out more

Contact EALvolunteering@eastayrshireleisure.com or 01563 554736.

### **Recruitment Process**

- Contact Laura McMeekin, Volunteer Development Officer at East Ayrshire Leisure and have a chat about the volunteer role.
- If you and the volunteer supervisor agree that this volunteering role is suitable for you, fill out an Application Form and Criminal Convictions Declaration Form.